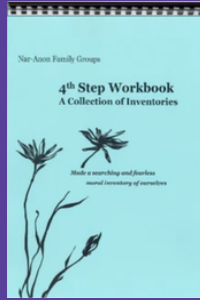


Uncover Discover Recover



Rocky
Mountain
Region



Using the Nar-Anon 4th Step Workbook

Each session is two (2) hours in length

**MAY
17**

8a PT | 9a MT | 10a CT | 11a ET

Introduction
How to use the Workbook
Fear Inventory

**MAY
18**

11a PT | 12p MT | 1p CT | 2p ET

Credit and Debit Inventory
Personal Safety Questions

**MAY
31**

7a PT | 8a MT | 9a CT | 10a ET

Quick Inventories
Freestyle Inventory

**JUNE
1**

11a PT | 12p MT | 1p CT | 2p ET

Relationship Inventories
Behavior, Change, and Characteristics

**JUNE
21**

8a PT | 9a MT | 10a CT | 11a ET

Relationship Inventories - Patterns
Ideal, Attitude, Attraction to a Romantic
Partner, and Sexuality and Gender Roles

**JUNE
22**

11a PT | 12p MT | 1p CT | 2p ET

Resentment Inventory Chart

**Join us for any or
all the workshops!**

**Held in the RMR
Virtual Meeting
Room**



 **NarAnonRM.org**